

Let's see what's for lunch...

Week 1

Monday	Main Meals	Lamb Bolognaise with Spaghetti 3 Veg Macaroni Cheese Pasta with Tomato & Basil Sauce	Served With	Baked Beans & Peas	Dessert	Chocolate & Sweet Potato Brownie	
	Tuesday	Main Meals	Chicken & Bean Chilli with Steamed Rice Vegan Bean Chilli with Steamed Rice Jacket Potato with Baked Beans	Served With	Sweetcorn & Broccoli	Dessert	Courgette & Oat Cookie
		Wednesday	Main Meals	Herby Roast Chicken Fillets with Gravy Vegan Squash, Sweet Potato & Bean Hot Pot Pasta with Tomato & Basil Sauce	Served With	Roast Potatoes, Seasonal Greens & Carrots	Dessert
Thursday			Main Meals	Turkey & Vegetable Ragu with Penne Pasta Vegetable Chow Mein Jacket Potato with Cheddar Cheese	Served With	Cauliflower & Roasted Carrots	Dessert
	Friday		Main Meals	Fish Fingers, Chips & Ketchup Vegan Vegetable Fingers, Chips & Ketchup Pasta with Tomato & Basil Sauce	Served With	Baked Beans & Peas	Dessert

Freshly Baked Bread:
Tomato & Rosemary Bread or Wholemeal Bread

Week 1: 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar, 21st Apr, 12th May, 2nd Jun, 23rd Jun, 14th Jul

Week 2

Monday	Main Meals	Chicken & Vegetable Penne Pasta Bake Vegan Bolognaise with Spaghetti Jacket Potato with Baked Beans	Served With	Cauliflower & Green Beans	Dessert	Maryland Cookie	
	Tuesday	Main Meals	Caribbean Turkey & Sweet Potato Curry with Steamed Rice Vegan Spiced Squash & Potato Samosa Pasta with Squash & Tomato Sauce	Served With	Carrots & Peas	Dessert	Carrot & Apple Flapjack
		Wednesday	Main Meals	Roast Turkey with Gravy Vegan Bombay Chickpea Burrito Pasta with Squash & Tomato Sauce	Served With	Roast Potatoes, Seasonal Greens & Carrots	Dessert
Thursday			Main Meals	Mild Chicken & Vegetable Curry with Steamed Rice Vegan Mexican Bean & Vegetable Savoury Rice Jacket Potato with Cheddar Cheese	Served With	Broccoli & Sweetcorn	Dessert
	Friday		Main Meals	Fish Fingers, Chips & Ketchup Vegan Boston BBQ 3 Bean Stew with Baked Jackets Pasta with Squash & Tomato Sauce	Served With	Baked Beans & Peas	Dessert

Freshly Baked Bread:
Beetroot & Herb or Wholemeal Bread

Week 2: 11th Nov, 2nd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 7th Apr, 28th Apr, 19th May, 9th Jun, 30th Jun, 21st Jul

Week 3

Monday	Main Meals	BBQ Chicken Pizza with Baked Wedges Margherita Pizza with Baked Wedges Pasta with Tomato & Vegetable Sauce	Served With	Classic Coleslaw & Sweetcorn	Dessert	Cinnamon Apple Crumble with Custard	
	Tuesday	Main Meals	Sweet & Sour Turkey with Steamed Rice Vegan Aubergine & Courgette Tagine with Cous Cous Jacket Potato with Baked Beans	Served With	Broccoli & Cauliflower	Dessert	Sultana & Oat Cookie
		Wednesday	Main Meals	Lemon & Thyme Roast Chicken with Gravy Vegan Country Vegetable & Bean Pie Pasta with Tomato & Vegetable Sauce	Served With	Roast Potatoes, Seasonal Greens & Carrots	Dessert
Thursday			Main Meals	Chicken & Sweetcorn Meatballs in Tomato Sauce with Penne Pasta Vegan Tofu Sweet & Sour Vegetables with Steamed Rice Jacket Potato with Salmon Mayonnaise or Baked Beans	Served With	Cauliflower & Roasted Carrots	Dessert
	Friday		Main Meals	Fish Fingers, Chips & Ketchup Mexican Roasted Vegetable & Bean Quesadilla Wholewheat Pasta with Tomato & Vegetable Sauce	Served With	Baked Beans & Peas	Dessert

Freshly Baked Bread:
Pesto & Garlic Bread or Wholemeal Bread

Week 3: 18th Nov, 9th Dec, 20th Jan, 10th Feb, 3rd Mar, 24th Mar, 14th Apr, 5th May, 26th May, 16th Jun, 7th Jul, 28th Jul

Pabulum Salad Bar
Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit, Yoghurt or Jelly



BM3CamroseWoodlands
Nov 2024
All products are subject to availability

pabulummm
HONESTLY GOOD FOOD