

Personal Development News (PDN)

The mindful approach to PSHE 1-7-2024

Welcome to the Summer Term edition of PDN!

"I think the sessions were useful and it was nice to connect with other

"It was a great opportunity to share information and talk my heart out."

"I really liked hearing the opinion of other parents. I will listen to my child

"I think the session were beneficial and helped me understand my child and her thought process better. She spoke non-stop about the weekly crafting activities they have done with the other children". Year 4

"It was a really good way of exchanging information about different things, parenting tips, techniques to help us, listening to other mums'

parents. It helped me understand that most families face the same struggles with parenting. My child enjoyed the weekly activities." Year 1









Parent feedback:

Year 1

views." Year 5

Pupil Voice: "I liked when we did

the fruit salad and the party. I love

having the purple Jigsaw friend in





my house". Year 3 "Growing the crest was fun and making the puppets. I felt so proud of my work. I want to do it all again with my mum".

Year 4

more and let him express his opinion." Year 3



Parents and children celebrated their last session of

Jigsaw Families 🙂

The six weeks' programme gave lots of opportunities for children to get creative and work alongside their peers and parents.

We are pleased to see that these sessions had a positive impact for all involved.

Please contact our school office if you are interested to take part in our future sessions starting in next academic year.





"I really liked doing PSHE with my mum and all the fun activities, making the magic wands". Year 5

"I loved seeing my mum at school. My Jigsaw is so cute."

Year 1

